

Mistrzostwa Polski Młodzików 13-lat  
Ostrowiec Sw, 15. - 17.1.2010

Konkurencja 20  
16-01-2010

Chłopców, 400m dowolny

13 lat  
Wyniki Finał

Rekord Polski Jun 14-lat	3:59.77	Zoniuk Maciej	SLWRO	Saint Dizier (FRA)	15-11-2008
Rekord Polski Młodz 13-lat	4:12.91	Bernatowicz Sebastian	AQBYD	Bydgoszcz	22-12-2007

Punkty: FINA 2008

Pozycja			Rok ur.			Czas	Pkt.
<b>Finał A</b>							
1.	Pietrzak Dawid		97	WSG Bydgoszcz		<b>4:20.62</b>	584
	50m:	29.67	29.67	150m:	1:35.58	33.46	250m: 2:42.10
	100m:	1:02.12	32.45	200m:	2:09.24	33.66	300m: 3:15.01
						32.86	350m: 3:48.52
						32.91	400m: 4:20.62
							33.51
							32.10
2.	Katolik Bartosz		97	MOS Dabrowa Grn.		<b>4:31.11</b>	519
	50m:	30.71	30.71	150m:	1:39.22	34.55	250m: 2:48.86
	100m:	1:04.67	33.96	200m:	2:14.15	34.93	300m: 3:23.62
						34.71	350m: 3:58.33
						34.76	400m: 4:31.11
							34.71
							32.78
3.	Kowalski Patryk		97	UNIA Busko Zdrój		<b>4:31.25</b>	518
	50m:	30.39	30.39	150m:	1:38.29	34.53	250m: 2:48.32
	100m:	1:03.76	33.37	200m:	2:13.14	34.85	300m: 3:23.43
						35.18	350m: 3:58.18
						35.11	400m: 4:31.25
							34.75
							33.07
4.	Dytkowski Jan		97	KSZO Ostrowiec		<b>4:33.88</b>	503
	50m:	30.56	30.56	150m:	1:38.84	34.60	250m: 2:48.91
	100m:	1:04.24	33.68	200m:	2:13.94	35.10	300m: 3:23.87
						34.97	350m: 3:58.96
						34.96	400m: 4:33.88
							35.09
							34.92
5.	Stachowiak Łukasz		97	AZS AWF Pozna		<b>4:38.86</b>	477
	50m:	30.84	30.84	150m:	1:40.18	35.09	250m: 2:51.73
	100m:	1:05.09	34.25	200m:	2:15.87	35.69	300m: 3:27.60
						35.86	350m: 4:03.46
						35.87	400m: 4:38.86
							35.86
							35.40
6.	Stecko Michał		97	KAPRY Pruszków		<b>4:44.21</b>	450
	50m:	31.65	31.65	150m:	1:41.23	35.51	250m: 2:53.93
	100m:	1:05.72	34.07	200m:	2:17.37	36.14	300m: 3:30.68
						36.56	350m: 4:07.90
						36.75	400m: 4:44.21
							37.22
							36.31
7.	Ruszkowski Kacper		97	ÓSEMKA Oswiecim		<b>4:44.75</b>	448
	50m:	30.96	30.96	150m:	1:41.88	36.07	250m: 2:55.44
	100m:	1:05.81	34.85	200m:	2:18.50	36.62	300m: 3:32.51
						36.94	350m: 4:09.48
						37.07	400m: 4:44.75
							36.97
							35.27
8.	urawicz Mateusz		97	WSG Bydgoszcz		<b>4:46.58</b>	439
	50m:	31.91	31.91	150m:	1:42.86	36.04	250m: 2:56.68
	100m:	1:06.82	34.91	200m:	2:19.50	36.64	300m: 3:34.04
						37.18	350m: 4:10.90
						37.36	400m: 4:46.58
							36.86
							35.68
<b>Finał B</b>							
9.	Nowak Radosław		97	VEGA Dobrodzie		<b>4:44.37</b>	450
	50m:	32.38	32.38	150m:	1:44.27	36.22	250m: 2:56.99
	100m:	1:08.05	35.67	200m:	2:20.80	36.53	300m: 3:33.01
						36.19	350m: 4:09.31
						36.02	400m: 4:44.37
							36.30
							35.06
10.	Fratczak Mateusz		97	UKS 190 Łódź		<b>4:45.48</b>	444
	50m:	31.51	31.51	150m:	1:42.14	35.88	250m: 2:54.43
	100m:	1:06.26	34.75	200m:	2:18.20	36.06	300m: 3:30.67
						36.23	350m: 4:06.37
						36.24	400m: 4:45.48
							35.70
							39.11
11.	Staniszewski Adam		97	TRÓJKA Łódź		<b>4:45.66</b>	444
	50m:	31.67	31.67	150m:	1:43.76	36.50	250m: 2:56.17
	100m:	1:07.26	35.59	200m:	2:19.82	36.06	300m: 3:32.77
						36.35	350m: 4:07.11
						36.60	400m: 4:45.66
							34.34
							38.55
12.	Sokołowski Ziemowit		97	AZS AWF Pozna		<b>4:46.53</b>	440
	50m:	32.42	32.42	150m:	1:44.61	36.30	250m: 2:58.46
	100m:	1:08.31	35.89	200m:	2:21.59	36.98	300m: 3:35.50
						36.87	350m: 4:12.04
						37.04	400m: 4:46.53
							36.54
							34.49
13.	Zuchowski Ernest		97	MORENA Gda sk		<b>4:47.22</b>	436
	50m:	30.83	30.83	150m:	1:41.68	36.45	250m: 2:54.35
	100m:	1:05.23	34.40	200m:	2:17.94	36.26	300m: 3:31.72
						36.41	350m: 4:08.27
						37.37	400m: 4:47.22
							36.55
							38.95
14.	Czarnecki Kamil		97	KORNER Zielona G.		<b>4:47.61</b>	435
	50m:	32.73	32.73	150m:	1:45.59	36.65	250m: 3:00.00
	100m:	1:08.94	36.21	200m:	2:22.98	37.39	300m: 3:36.48
						37.02	350m: 4:13.49
						36.48	400m: 4:47.61
							37.01
							34.12
15.	Pluta Piotr		97	KORNER Zielona G.		<b>4:48.42</b>	431
	50m:	32.41	32.41	150m:	1:45.24	36.79	250m: 2:59.46
	100m:	1:08.45	36.04	200m:	2:22.37	37.13	300m: 3:36.40
						37.09	350m: 4:13.08
						36.94	400m: 4:48.42
							36.68
							35.34
16.	Wiak Bartłomiej		97	ORLIK Lublin		<b>4:49.19</b>	427
	50m:	31.79	31.79	150m:	1:43.90	36.36	250m: 2:56.98
	100m:	1:07.54	35.75	200m:	2:20.12	36.22	300m: 3:34.04
						36.86	350m: 4:11.09
						37.06	400m: 4:49.19
							37.05
							38.10