

Mistrzostwa Polski Młodzików 13-lat  
Ostrowiec Sw, 15. - 17.1.2010

Konkurencja 19  
16-01-2010

Dziewcz t, 400m dowolny

13 lat  
Wyniki Finał

Rekord Polski Jun 14-lat	4:16.92	Kilija ska Donata	KSOST	Gorzów Wlkp	29-11-2009
Rekord Polski Młodz 13-lat	4:24.58	Anczykowska Joanna	WAPOZ	Pozna	28-11-1991

Punkty: FINA 2008

Pozycja			Rok ur.			Czas	Pkt.	
<b>Finał A</b>								
1.	Magner Agata		97	GOSiR Piaseczno		<b>4:38.40</b>	640	
	50m:	31.72 31.72	150m:	1:41.81 35.36	250m:	2:52.52 35.36	350m:	4:03.45 35.23
	100m:	1:06.45 34.73	200m:	2:17.16 35.35	300m:	3:28.22 35.70	400m:	4:38.40 34.95
2.	Zi ba Katarzyna		97	ROKITA Brzeg Dln		<b>4:42.70</b>	611	
	50m:	32.05 32.05	150m:	1:42.95 36.06	250m:	2:54.96 36.12	350m:	4:08.30 36.79
	100m:	1:06.89 34.84	200m:	2:18.84 35.89	300m:	3:31.51 36.55	400m:	4:42.70 34.40
3.	Borkowska Lucyna		97	SAMBOR Tczew		<b>4:43.22</b>	608	
	50m:	32.61 32.61	150m:	1:43.39 36.01	250m:	2:55.97 36.29	350m:	4:07.96 36.14
	100m:	1:07.38 34.77	200m:	2:19.68 36.29	300m:	3:31.82 35.85	400m:	4:43.22 35.26
4.	Loranty Patrycja		97	KSZO Ostrowiec		<b>4:45.00</b>	596	
	50m:	32.73 32.73	150m:	1:45.16 37.08	250m:	2:58.43 35.93	350m:	4:10.96 36.06
	100m:	1:08.08 35.35	200m:	2:22.50 37.34	300m:	3:34.90 36.47	400m:	4:45.00 34.04
5.	Wójcik Magdalena		97	SOLEX Lebork		<b>4:46.28</b>	588	
	50m:	31.99 31.99	150m:	1:43.49 36.31	250m:	2:56.90 37.05	350m:	4:10.64 36.83
	100m:	1:07.18 35.19	200m:	2:19.85 36.36	300m:	3:33.81 36.91	400m:	4:46.28 35.64
6.	Podlewska Miriam		97	DELFIN Oborniki		<b>4:46.88</b>	585	
	50m:	32.44 32.44	150m:	1:45.00 36.74	250m:	2:58.72 37.16	350m:	4:12.07 36.00
	100m:	1:08.26 35.82	200m:	2:21.56 36.56	300m:	3:36.07 37.35	400m:	4:46.88 34.81
7.	Kubacka Magda		97	HAJDUKI Chorzów		<b>4:53.78</b>	544	
	50m:	31.87 31.87	150m:	1:44.47 37.27	250m:	2:59.97 37.90	350m:	4:16.11 38.15
	100m:	1:07.20 35.33	200m:	2:22.07 37.60	300m:	3:37.96 37.99	400m:	4:53.78 37.67
8.	Wysocka Klaudia		97	SIÓDEMKA Sopot		<b>4:54.92</b>	538	
	50m:	34.42 34.42	150m:	1:48.33 37.20	250m:	3:03.47 37.63	350m:	4:18.64 37.28
	100m:	1:11.13 36.71	200m:	2:25.84 37.51	300m:	3:41.36 37.89	400m:	4:54.92 36.28
<b>Finał B</b>								
9.	Pawlikowska Magdalena		97	SIÓDEMKA Sopot		<b>4:55.34</b>	536	
	50m:	33.00 33.00	150m:	1:46.74 37.41	250m:	3:02.73 38.35	350m:	4:18.16 37.22
	100m:	1:09.33 36.33	200m:	2:24.38 37.64	300m:	3:40.94 38.21	400m:	4:55.34 37.18
10.	Nita Anna		97	TRÓJKA Łódz		<b>4:57.85</b>	522	
	50m:	32.53 32.53	150m:	1:49.01 38.55	250m:	3:05.70 38.37	350m:	4:22.55 38.16
	100m:	1:10.46 37.93	200m:	2:27.33 38.32	300m:	3:44.39 38.69	400m:	4:57.85 35.30
11.	Piechowiak Aisza		97	WARTA Pozna		<b>5:01.77</b>	502	
	50m:	34.53 34.53	150m:	1:50.26 38.53	250m:	3:07.46 38.74	350m:	4:24.93 38.83
	100m:	1:11.73 37.20	200m:	2:28.72 38.46	300m:	3:46.10 38.64	400m:	5:01.77 36.84
12.	Bozek Dominika		97	UNIA Oswiecim		<b>5:03.20</b>	495	
	50m:	33.48 33.48	150m:	1:50.13 38.60	250m:	3:07.84 38.76	350m:	4:26.05 39.16
	100m:	1:11.53 38.05	200m:	2:29.08 38.95	300m:	3:46.89 39.05	400m:	5:03.20 37.15
13.	Bartkowiak Patrycja		97	SŁOWIANKA Gorzów		<b>5:04.23</b>	490	
	50m:	32.50 32.50	150m:	1:49.39 38.73	250m:	3:08.24 39.09	350m:	4:27.10 40.03
	100m:	1:10.66 38.16	200m:	2:29.15 39.76	300m:	3:47.07 38.83	400m:	5:04.23 37.13
14.	Wo niak Natalia		97	MOS Dabrowa Grn.		<b>5:05.17</b>	486	
	50m:	34.09 34.09	150m:	1:50.61 38.79	250m:	3:09.53 39.57	350m:	4:28.52 38.97
	100m:	1:11.82 37.73	200m:	2:29.96 39.35	300m:	3:49.55 40.02	400m:	5:05.17 36.65
15.	Zawolik Wiktoria		97	KSZO Ostrowiec		<b>5:06.11</b>	481	
	50m:	33.51 33.51	150m:	1:50.65 39.17	250m:	3:09.79 39.81	350m:	4:28.52 39.02
	100m:	1:11.48 37.97	200m:	2:29.98 39.33	300m:	3:49.50 39.71	400m:	5:06.11 37.59
16.	Filipiak Wiktoria		97	WARTA Pozna		<b>5:10.52</b>	461	
	50m:	32.48 32.48	150m:	1:50.96 39.95	250m:	3:10.87 40.22	350m:	4:32.35 40.97
	100m:	1:11.01 38.53	200m:	2:30.65 39.69	300m:	3:51.38 40.51	400m:	5:10.52 38.17