

Mistrzostwa Polski Młodzików 13-lat
Ostrowiec Sw, 15. - 17.1.2010

Konkurencja 19
10-01-16

Dziewczat, 400m dowolny

13 lat
Wyniki Eliminacje

Rekord Polski Jun 14-lat	4:16.92	Kilijańska Donata	KSOST	Gorzów Wlkp	09-11-29
Rekord Polski Młodz 13-lat	4:24.58	Anczykowska Joanna	WAPOZ	Poznań	91-11-28

Punkty: FINA 2008

Pozycja			Rok ur.					Czas	Pkt.			
1.	Magner Agata		97	GOSiR Piaseczno				4:43.86	603	A		
	50m:	32.23	32.23	150m:	1:43.13	35.74	250m:	2:56.37	36.65	350m:	4:08.93	36.09
	100m:	1:07.39	35.16	200m:	2:19.72	36.59	300m:	3:32.84	36.47	400m:	4:43.86	34.93
2.	Ziêba Katarzyna		97	ROKITA Brzeg Dln				4:47.16	583	A		
	50m:	32.08	32.08	150m:	1:44.00	36.39	250m:	2:57.80	36.71	350m:	4:12.45	37.42
	100m:	1:07.61	35.53	200m:	2:21.09	37.09	300m:	3:35.03	37.23	400m:	4:47.16	34.71
3.	Loranty Patrycja		97	KSZO Ostrowiec				4:48.09	577	A		
	50m:	33.35	33.35	150m:	1:46.87	37.60	250m:	3:01.66	36.64	350m:	4:14.55	36.21
	100m:	1:09.27	35.92	200m:	2:25.02	38.15	300m:	3:38.34	36.68	400m:	4:48.09	33.54
4.	Borkowska Lucyna		97	SAMBOR Tczew				4:48.82	573	A		
	50m:	33.40	33.40	150m:	1:44.67	35.86	250m:	2:58.66	37.49	350m:	4:13.01	36.79
	100m:	1:08.81	35.41	200m:	2:21.17	36.50	300m:	3:36.22	37.56	400m:	4:48.82	35.81
5.	Podlewska Miriam		97	DELFIN Oborniki				4:49.74	567	A		
	50m:	32.48	32.48	150m:	1:45.40	36.93	250m:	3:00.51	37.36	350m:	4:14.38	36.29
	100m:	1:08.47	35.99	200m:	2:23.15	37.75	300m:	3:38.09	37.58	400m:	4:49.74	35.36
6.	Wójcik Magdalena		97	SOLEX Lebork				4:50.34	564	A		
	50m:	33.22	33.22	150m:	1:46.45	37.03	250m:	3:00.84	37.23	350m:	4:14.37	36.93
	100m:	1:09.42	36.20	200m:	2:23.61	37.16	300m:	3:37.44	36.60	400m:	4:50.34	35.97
7.	Kubacka Magda		97	HAJDUKI Chorzów				4:51.50	557	A		
	50m:	32.39	32.39	150m:	1:45.00	37.07	250m:	2:59.91	37.55	350m:	4:15.12	37.83
	100m:	1:07.93	35.54	200m:	2:22.36	37.36	300m:	3:37.29	37.38	400m:	4:51.50	36.38
8.	Wysocka Klaudia		97	SIÓDEMKA Sopot				4:55.21	536	A		
	50m:	34.56	34.56	150m:	1:48.30	36.98	250m:	3:03.40	37.54	350m:	4:18.44	37.59
	100m:	1:11.32	36.76	200m:	2:25.86	37.56	300m:	3:40.85	37.45	400m:	4:55.21	36.77
9.	Nita Anna		97	TRÓJKA Łódz				4:57.16	526	B		
	50m:	33.60	33.60	150m:	1:49.99	39.16	250m:	3:06.85	38.21	350m:	4:22.64	37.74
	100m:	1:10.83	37.23	200m:	2:28.64	38.65	300m:	3:44.90	38.05	400m:	4:57.16	34.52
10.	Pawlikowska Magdalena		97	SIÓDEMKA Sopot				4:57.27	525	B		
	50m:	32.83	32.83	150m:	1:48.18	38.51	250m:	3:04.80	38.13	350m:	4:20.28	37.49
	100m:	1:09.67	36.84	200m:	2:26.67	38.49	300m:	3:42.79	37.99	400m:	4:57.27	36.99
11.	Bagińska Zofia		97	SIÓDEMKA Sopot				4:59.67	513	B		
	50m:	33.63	33.63	150m:	1:48.29	37.81	250m:	3:05.24	38.49	350m:	4:22.24	38.30
	100m:	1:10.48	36.85	200m:	2:26.75	38.46	300m:	3:43.94	38.70	400m:	4:59.67	37.43
12.	WoŹniak Natalia		97	MOS Dabrowa Grn.				5:01.60	503	B		
	50m:	33.79	33.79	150m:	1:49.92	38.70	250m:	3:07.57	38.77	350m:	4:25.65	39.30
	100m:	1:11.22	37.43	200m:	2:28.80	38.88	300m:	3:46.35	38.78	400m:	5:01.60	35.95
13.	Piechowiak Aisza		97	WARTA Poznań				5:02.67	498	B		
	50m:	35.40	35.40	150m:	1:52.20	38.68	250m:	3:09.45	38.38	350m:	4:26.44	38.28
	100m:	1:13.52	38.12	200m:	2:31.07	38.87	300m:	3:48.16	38.71	400m:	5:02.67	36.23
14.	Zawolik Wiktoria		97	KSZO Ostrowiec				5:02.71	498	B		
	50m:	33.56	33.56	150m:	1:49.52	38.55	250m:	3:07.09	38.65	350m:	4:25.00	38.92
	100m:	1:10.97	37.41	200m:	2:28.44	38.92	300m:	3:46.08	38.99	400m:	5:02.71	37.71
15.	Bartkowiak Patrycja		97	SŁOWIANKA Gorzów				5:02.77	497	B		
	50m:	33.15	33.15	150m:	1:49.72	38.74	250m:	3:07.38	38.66	350m:	4:26.17	39.15
	100m:	1:10.98	37.83	200m:	2:28.72	39.00	300m:	3:47.02	39.64	400m:	5:02.77	36.60

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Ostrowiec Sw, 15. - 17.1.2010

Konkurencja 19, Dziewczat, 400m dowolny, Eliminacje, 13 lat

Pozycja			Rok ur.				Czas		Pkt.			
16.	Bozek Dominika		97 UNIA Oswiecim				5:05.69		483	B		
	50m:	34.59	34.59	150m:	1:51.33	38.85	250m:	3:09.16	39.49	350m:	4:27.54	38.98
	100m:	1:12.48	37.89	200m:	2:29.67	38.34	300m:	3:48.56	39.40	400m:	5:05.69	38.15
17.	Filipiak Wiktoria		97 WARTA Poznań				5:05.86		482	R		
	50m:	33.71	33.71	150m:	1:51.02	39.16	250m:	3:09.80	39.74	350m:	4:28.71	39.34
	100m:	1:11.86	38.15	200m:	2:30.06	39.04	300m:	3:49.37	39.57	400m:	5:05.86	37.15
18.	Walczak Katarzyna		97 WARTA Poznań				5:05.96		482	R		
	50m:	34.56	34.56	150m:	1:50.53	38.63	250m:	3:09.27	39.59	350m:	4:27.88	39.12
	100m:	1:11.90	37.34	200m:	2:29.68	39.15	300m:	3:48.76	39.49	400m:	5:05.96	38.08
19.	Trojgo Bogna		97 SKALAR Warszawa				5:06.29		480			
	50m:	33.84	33.84	150m:	1:50.77	39.01	250m:	3:08.48	39.41	350m:	4:27.94	40.04
	100m:	1:11.76	37.92	200m:	2:29.07	38.30	300m:	3:47.90	39.42	400m:	5:06.29	38.35
20.	Jab ³ ońska Natalia		97 MOSM Tychy				5:06.43		480			
	50m:	34.87	34.87	150m:	1:53.95	39.89	250m:	3:13.17	39.85	350m:	4:30.97	39.14
	100m:	1:14.06	39.19	200m:	2:33.32	39.37	300m:	3:51.83	38.66	400m:	5:06.43	35.46
21.	Frelan Marta		97 SKALAR Warszawa				5:06.58		479			
	50m:	33.55	33.55	150m:	1:51.11	38.73	250m:	3:09.22	39.06	350m:	4:28.04	39.30
	100m:	1:12.38	38.83	200m:	2:30.16	39.05	300m:	3:48.74	39.52	400m:	5:06.58	38.54
22.	Maj Wiktoria		97 JUVENIA Wroclaw				5:07.93		473			
	50m:	34.72	34.72	150m:	1:53.22	39.80	250m:	3:12.43	39.86	350m:	4:28.76	36.86
	100m:	1:13.42	38.70	200m:	2:32.57	39.35	300m:	3:51.90	39.47	400m:	5:07.93	39.17
23.	Miliszewska Justyna		97 SIÓDEMKA Sopot				5:08.19		471			
	50m:	35.07	35.07	150m:	1:51.89	38.75	250m:	3:10.42	39.32	350m:	4:29.29	39.36
	100m:	1:13.14	38.07	200m:	2:31.10	39.21	300m:	3:49.93	39.51	400m:	5:08.19	38.90
24.	Marzec Sara		97 ORKA Ledziny				5:08.75		469			
	50m:	34.62	34.62	150m:	1:52.98	39.81	250m:	3:13.12	40.48	350m:	4:31.37	38.25
	100m:	1:13.17	38.55	200m:	2:32.64	39.66	300m:	3:53.12	40.00	400m:	5:08.75	37.38
25.	Przymus Agata		97 START Łódź				5:09.99		463			
	50m:	34.76	34.76	150m:	1:52.79	39.28	250m:	3:11.43	39.03	350m:	4:31.04	39.69
	100m:	1:13.51	38.75	200m:	2:32.40	39.61	300m:	3:51.35	39.92	400m:	5:09.99	38.95
26.	Paw ³ owska Aneta		97 JEDYNKA Ozarów Maz				5:10.55		461			
	50m:	33.59	33.59	150m:	1:51.46	39.12	250m:	3:11.47	40.02	350m:	4:31.74	40.22
	100m:	1:12.34	38.75	200m:	2:31.45	39.99	300m:	3:51.52	40.05	400m:	5:10.55	38.81
27.	Procek Jagoda		97 DELFIN Inowroclaw				5:11.60		456			
	50m:	34.34	34.34	150m:	1:52.23	39.83	250m:	3:13.85	40.88	350m:	4:33.98	40.25
	100m:	1:12.40	38.06	200m:	2:32.97	40.74	300m:	3:53.73	39.88	400m:	5:11.60	37.62
28.	Olczyk Martyna		97 AQUATICA Pawlowice				5:11.61		456			
	50m:	33.88	33.88	150m:	1:51.58	39.70	250m:	3:12.68	40.69	350m:	4:33.65	40.62
	100m:	1:11.88	38.00	200m:	2:31.99	40.41	300m:	3:53.03	40.35	400m:	5:11.61	37.96
29.	Dyna Angelika		97 JORDAN Kraków				5:11.74		456			
	50m:	34.41	34.41	150m:	1:54.13	40.12	250m:	3:13.82	39.13	350m:	4:33.03	39.36
	100m:	1:14.01	39.60	200m:	2:34.69	40.56	300m:	3:53.67	39.85	400m:	5:11.74	38.71
30.	Strzelczyk Aleksandra		97 SLASK Wroclaw				5:11.88		455			
	50m:	35.76	35.76	150m:	1:54.76	39.73	250m:	3:15.35	40.21	350m:	4:34.35	39.53
	100m:	1:15.03	39.27	200m:	2:35.14	40.38	300m:	3:54.82	39.47	400m:	5:11.88	37.53
31.	Gniewosz Olga		97 SHARK Rudna				5:13.48		448			
	50m:	36.48	36.48	150m:	1:55.83	40.00	250m:	3:16.59	40.59	350m:	4:36.07	39.70
	100m:	1:15.83	39.35	200m:	2:36.00	40.17	300m:	3:56.37	39.78	400m:	5:13.48	37.41

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Konkurencja 19, Dziewczat, 400m dowolny, Eliminacje, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
32.	Orczykowska Wioletta		97	STP Nowy Sacz				5:15.89	438
	50m:	34.38 34.38	150m:	1:53.91 40.65	250m:	3:16.65 41.28	350m:	4:37.86 40.35	
	100m:	1:13.26 38.88	200m:	2:35.37 41.46	300m:	3:57.51 40.86	400m:	5:15.89 38.03	
33.	Gambucæ Martyna		97	VEGA Dobrodzieñ				5:16.90	434
	50m:	34.64 34.64	150m:	1:55.00 40.85	250m:	3:17.19 41.18	350m:	4:39.07 40.75	
	100m:	1:14.15 39.51	200m:	2:36.01 41.01	300m:	3:58.32 41.13	400m:	5:16.90 37.83	
34.	Jasek Alicja		97	SLASK Wroclaw				5:16.97	433
	50m:	36.59 36.59	150m:	1:56.39 40.47	250m:	3:18.14 41.15	350m:	4:38.75 39.91	
	100m:	1:15.92 39.33	200m:	2:36.99 40.60	300m:	3:58.84 40.70	400m:	5:16.97 38.22	
35.	Onoszko Magdalena		97	SŁOWIANKA Gorzów				5:17.10	433
	50m:	35.97 35.97	150m:	1:58.52 41.71	250m:	3:20.03 41.04	350m:	4:40.98 39.75	
	100m:	1:16.81 40.84	200m:	2:38.99 40.47	300m:	4:01.23 41.20	400m:	5:17.10 36.12	
36.	Moskal Karolina		97	JORDAN Kraków				5:17.17	433
	50m:	35.79 35.79	150m:	1:54.80 39.74	250m:	3:17.02 41.18	350m:	4:38.15 40.75	
	100m:	1:15.06 39.27	200m:	2:35.84 41.04	300m:	3:57.40 40.38	400m:	5:17.17 39.02	
37.	Rutkowska Zuzanna		97	MKS ROS Pisz				5:18.23	428
	50m:	35.82 35.82	150m:	1:54.72 40.02	250m:	3:17.06 41.61	350m:	4:39.67 40.74	
	100m:	1:14.70 38.88	200m:	2:35.45 40.73	300m:	3:58.93 41.87	400m:	5:18.23 38.56	
38.	Kêdziora Magdalena		97	MORENA Gdañsk				5:18.28	428
	50m:	35.28 35.28	150m:	1:56.73 41.11	250m:	3:18.32 40.96	350m:	4:39.51 40.32	
	100m:	1:15.62 40.34	200m:	2:37.36 40.63	300m:	3:59.19 40.87	400m:	5:18.28 38.77	
39.	Wierzchowska Kinga		97	UKS MOS Elk				5:19.60	423
	50m:	35.29 35.29	150m:	1:54.38 39.72	250m:	3:16.67 41.44	350m:	4:40.19 41.59	
	100m:	1:14.66 39.37	200m:	2:35.23 40.85	300m:	3:58.60 41.93	400m:	5:19.60 39.41	
40.	Wlazlak Agata		97	REKIN Swiebodzice				5:19.82	422
	50m:	35.19 35.19	150m:	1:55.36 40.69	250m:	3:19.03 42.27	350m:	4:42.45 41.09	
	100m:	1:14.67 39.48	200m:	2:36.76 41.40	300m:	4:01.36 42.33	400m:	5:19.82 37.37	
41.	Domañska Julia		97	DELFIN Legionowo				5:23.49	408
	50m:	35.29 35.29	150m:	1:54.43 40.17	250m:	3:18.21 42.40	350m:	4:43.46 42.71	
	100m:	1:14.26 38.97	200m:	2:35.81 41.38	300m:	4:00.75 42.54	400m:	5:23.49 40.03	
42.	Sadowska Natalia		97	OLIMPIJCZYK Suwalki				5:26.82	395
	50m:	37.27 37.27	150m:	1:59.25 41.73	250m:	3:22.47 41.38	350m:	4:46.72 42.54	
	100m:	1:17.52 40.25	200m:	2:41.09 41.84	300m:	4:04.18 41.71	400m:	5:26.82 40.10	
43.	Buzanowska Natalia		97	REKIN Bydgoszcz				5:30.45	382
	50m:	36.11 36.11	150m:	1:57.51 41.57	250m:	3:22.29 43.13	350m:	4:48.34 43.06	
	100m:	1:15.94 39.83	200m:	2:39.16 41.65	300m:	4:05.28 42.99	400m:	5:30.45 42.11	
44.	Leceniewska Barbara		97	JORDAN Kraków				5:35.40	366
	50m:	38.02 38.02	150m:	2:02.86 43.29	250m:	3:28.49 42.67	350m:	4:54.83 42.84	
	100m:	1:19.57 41.55	200m:	2:45.82 42.96	300m:	4:11.99 43.50	400m:	5:35.40 40.57	
45.	Gawlik Mariola		97	SALOS Cortile Kielce				5:36.01	364
	50m:	36.43 36.43	150m:	2:00.47 43.00	250m:	3:27.59 43.45	350m:	4:54.36 43.09	
	100m:	1:17.47 41.04	200m:	2:44.14 43.67	300m:	4:11.27 43.68	400m:	5:36.01 41.65	
46.	Wleklik Katarzyna		97	SHARK Rudna				5:37.17	360
	50m:	37.42 37.42	150m:	2:03.31 43.82	250m:	3:30.62 43.92	350m:	4:56.29 42.49	
	100m:	1:19.49 42.07	200m:	2:46.70 43.39	300m:	4:13.80 43.18	400m:	5:37.17 40.88	
47.	Romanowicz Anna		97	SHARK Rudna				5:38.13	357
	50m:	37.83 37.83	150m:	2:02.96 43.28	250m:	3:30.15 43.53	350m:	4:55.94 42.84	
	100m:	1:19.68 41.85	200m:	2:46.62 43.66	300m:	4:13.10 42.95	400m:	5:38.13 42.19	