

Mistrzostwa Polski Seniorów i Młodzieżowców  
Ostrowiec Cew., 21. - 24.5.2009

Konkurencja 38  
09-05-24

Mężczyzn, 1500m dowolny

Open  
Wyniki

Rekord Polski 14:45.94 Sawrymowicz Mateusz Melbourne 07-04-01  
Min MS Rzym 15:11.26

Punkty: FINA 2008

Pozycja			Rok ur.				Czas				Pkt.
1.	Hreniak Maciej		89 MKP Szczecin				<b>15:27.21</b>				863
	100m:	59.66 59.66	500m:	5:08.70 1:02.72	900m:	9:18.70 1:02.77	1300m:	13:29.24 1:02.64			
	200m:	2:01.34 1:01.68	600m:	6:11.23 1:02.53	1000m:	10:21.23 1:02.53	1400m:	14:31.19 1:01.95			
	300m:	3:03.43 1:02.09	700m:	7:13.04 1:01.81	1100m:	11:23.88 1:02.65	1500m:	15:27.21 56.02			
	400m:	4:05.98 1:02.55	800m:	8:15.93 1:02.89	1200m:	12:26.60 1:02.72					
2.	Pielowski Krzysztof		91 Kormoran Olsztyn				<b>15:31.79</b>				850
	<i>Min ME Jun</i>										
	100m:	59.47 59.47	500m:	5:08.65 1:02.78	900m:	9:18.71 1:02.85	1300m:	13:29.30 1:02.58			
	200m:	2:01.13 1:01.66	600m:	6:10.65 1:02.00	1000m:	10:21.43 1:02.72	1400m:	14:31.30 1:02.00			
	300m:	3:03.30 1:02.17	700m:	7:12.76 1:02.11	1100m:	11:24.27 1:02.84	1500m:	15:31.79 1:00.49			
	400m:	4:05.87 1:02.57	800m:	8:15.86 1:03.10	1200m:	12:26.72 1:02.45					
3.	Zaczyński Karol SO		91 AZS AWF Katowice				<b>15:41.20</b>				825
	<i>Min-12 ME Jun</i>										
	100m:	59.78 59.78	500m:	5:11.06 1:02.72	900m:	9:22.99 1:03.17	1300m:	13:36.02 1:03.34			
	200m:	2:02.85 1:03.07	600m:	6:13.85 1:02.79	1000m:	10:26.28 1:03.29	1400m:	14:39.44 1:03.42			
	300m:	3:05.87 1:03.02	700m:	7:16.67 1:02.82	1100m:	11:29.34 1:03.06	1500m:	15:41.20 1:01.76			
	400m:	4:08.34 1:02.47	800m:	8:19.82 1:03.15	1200m:	12:32.68 1:03.34					
4.	Szuba Michał <sup>3</sup>		93 OELSK Wrocław				<b>15:47.71</b>				808
	100m:	1:00.87 1:00.87	500m:	5:12.82 1:03.09	900m:	9:27.48 1:03.64	1300m:	13:42.81 1:03.88			
	200m:	2:03.60 1:02.73	600m:	6:16.42 1:03.60	1000m:	10:30.87 1:03.39	1400m:	14:46.72 1:03.91			
	300m:	3:06.67 1:03.07	700m:	7:20.07 1:03.65	1100m:	11:34.82 1:03.95	1500m:	15:47.71 1:00.99			
	400m:	4:09.73 1:03.06	800m:	8:23.84 1:03.77	1200m:	12:38.93 1:04.11					
5.	Hura Bartosz		91 Kormoran Olsztyn				<b>15:51.76</b>				798
	<i>Min-12 ME Jun</i>										
	100m:	1:00.78 1:00.78	500m:	5:10.72 1:02.59	900m:	9:24.01 1:04.12	1300m:	13:42.94 1:04.94			
	200m:	2:02.70 1:01.92	600m:	6:13.43 1:02.71	1000m:	10:28.54 1:04.53	1400m:	14:47.51 1:04.57			
	300m:	3:05.13 1:02.43	700m:	7:16.42 1:02.99	1100m:	11:32.85 1:04.31	1500m:	15:51.76 1:04.25			
	400m:	4:08.13 1:03.00	800m:	8:19.89 1:03.47	1200m:	12:38.00 1:05.15					
6.	Borowicz Skoneczny Sylwester		92 Kormoran Olsztyn				<b>15:56.48</b>				786
	100m:	1:00.67 1:00.67	500m:	5:12.67 1:03.32	900m:	9:27.06 1:04.27	1300m:	13:46.45 1:05.15			
	200m:	2:03.37 1:02.70	600m:	6:15.76 1:03.09	1000m:	10:31.62 1:04.56	1400m:	14:51.95 1:05.50			
	300m:	3:06.30 1:02.93	700m:	7:19.24 1:03.48	1100m:	11:36.54 1:04.92	1500m:	15:56.48 1:04.53			
	400m:	4:09.35 1:03.05	800m:	8:22.79 1:03.55	1200m:	12:41.30 1:04.76					
7.	Gilski Paweł <sup>3</sup>		90 Kormoran Olsztyn				<b>15:59.87</b>				778
	100m:	1:00.73 1:00.73	500m:	5:16.72 1:04.89	900m:	9:34.57 1:05.01	1300m:	13:53.56 1:04.55			
	200m:	2:03.47 1:02.74	600m:	6:20.49 1:03.77	1000m:	10:39.34 1:04.77	1400m:	14:57.94 1:04.38			
	300m:	3:07.14 1:03.67	700m:	7:24.86 1:04.37	1100m:	11:43.97 1:04.63	1500m:	15:59.87 1:01.93			
	400m:	4:11.83 1:04.69	800m:	8:29.56 1:04.70	1200m:	12:49.01 1:05.04					
8.	Piłtkowski Mateusz SO		90 UNIA Ocewięcim				<b>16:03.56</b>				769
	100m:	59.30 59.30	500m:	5:10.05 1:03.40	900m:	9:30.41 1:05.76	1300m:	13:54.07 1:04.92			
	200m:	2:01.33 1:02.03	600m:	6:14.47 1:04.42	1000m:	10:36.12 1:05.71	1400m:	14:59.91 1:05.84			
	300m:	3:03.83 1:02.50	700m:	7:19.36 1:04.89	1100m:	11:42.59 1:06.47	1500m:	16:03.56 1:03.65			
	400m:	4:06.65 1:02.82	800m:	8:24.65 1:05.29	1200m:	12:49.15 1:06.56					
9.	Zoniuk Maciej		94 OELSK Wrocław				<b>16:11.28</b>				751
	100m:	1:00.97 1:00.97	500m:	5:17.52 1:04.39	900m:	9:38.76 1:05.95	1300m:	14:04.73 1:06.10			
	200m:	2:04.97 1:04.00	600m:	6:22.04 1:04.52	1000m:	10:45.22 1:06.46	1400m:	15:09.91 1:05.18			
	300m:	3:09.34 1:04.37	700m:	7:27.40 1:05.36	1100m:	11:51.72 1:06.50	1500m:	16:11.28 1:01.37			
	400m:	4:13.13 1:03.79	800m:	8:32.81 1:05.41	1200m:	12:58.63 1:06.91					

Mistrzostwa Polski Seniorów i Młodzieżowców  
Ostrowiec Cew., 21. - 24.5.2009

Konkurencja 38, Mężczyzn, 1500m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.
10.	Grzebaśa Paweś		90	KSZO Ostrowiec				<b>16:13.36</b>	746
	100m: 1:00.34	1:00.34	500m: 5:19.86	1:05.66	900m: 9:43.94	1:06.12	1300m: 14:05.51	1:05.50	
	200m: 2:03.79	1:03.45	600m: 6:25.72	1:05.86	1000m: 10:49.57	1:05.63	1400m: 15:10.89	1:05.38	
	300m: 3:08.76	1:04.97	700m: 7:31.85	1:06.13	1100m: 11:55.04	1:05.47	1500m: 16:13.36	1:02.47	
	400m: 4:14.20	1:05.44	800m: 8:37.82	1:05.97	1200m: 13:00.01	1:04.97			
11.	Kurant Roger		94	KSZO Ostrowiec				<b>16:13.85</b>	745
	100m: 1:01.52	1:01.52	500m: 5:19.60	1:04.68	900m: 9:41.38	1:05.62	1300m: 14:04.35	1:06.00	
	200m: 2:05.69	1:04.17	600m: 6:24.78	1:05.18	1000m: 10:47.08	1:05.70	1400m: 15:10.32	1:05.97	
	300m: 3:10.14	1:04.45	700m: 7:30.34	1:05.56	1100m: 11:52.84	1:05.76	1500m: 16:13.85	1:03.53	
	400m: 4:14.92	1:04.78	800m: 8:35.76	1:05.42	1200m: 12:58.35	1:05.51			
12.	Orłowski Piotr		91	MKP Szczecin				<b>16:25.78</b>	718
	100m: 1:03.54	1:03.54	500m: 5:28.40	1:05.94	900m: 9:53.97	1:06.24	1300m: 14:17.56	1:05.60	
	200m: 2:09.34	1:05.80	600m: 6:35.04	1:06.64	1000m: 11:00.22	1:06.25	1400m: 15:23.20	1:05.64	
	300m: 3:15.60	1:06.26	700m: 7:41.33	1:06.29	1100m: 12:06.20	1:05.98	1500m: 16:25.78	1:02.58	
	400m: 4:22.46	1:06.86	800m: 8:47.73	1:06.40	1200m: 13:11.96	1:05.76			
13.	Kaczmarski Marcin		94	KSZO Ostrowiec				<b>16:26.37</b>	717
	100m: 1:00.05	1:00.05	500m: 5:21.99	1:05.64	900m: 9:47.05	1:06.84	1300m: 14:15.31	1:07.33	
	200m: 2:04.92	1:04.87	600m: 6:27.83	1:05.84	1000m: 10:54.08	1:07.03	1400m: 15:22.22	1:06.91	
	300m: 3:10.28	1:05.36	700m: 7:33.86	1:06.03	1100m: 12:00.94	1:06.86	1500m: 16:26.37	1:04.15	
	400m: 4:16.35	1:06.07	800m: 8:40.21	1:06.35	1200m: 13:07.98	1:07.04			
14.	Psyk Maciej		93	KSZO Ostrowiec				<b>16:26.40</b>	717
	100m: 1:02.05	1:02.05	500m: 5:20.87	1:05.37	900m: 9:47.35	1:06.81	1300m: 14:14.31	1:06.59	
	200m: 2:05.93	1:03.88	600m: 6:27.09	1:06.22	1000m: 10:54.09	1:06.74	1400m: 15:21.05	1:06.74	
	300m: 3:10.57	1:04.64	700m: 7:33.80	1:06.71	1100m: 12:00.57	1:06.48	1500m: 16:26.40	1:05.35	
	400m: 4:15.50	1:04.93	800m: 8:40.54	1:06.74	1200m: 13:07.72	1:07.15			
15.	Piekut Krzysztof		90	Kormoran Olsztyn				<b>16:35.53</b>	697
	100m: 1:01.79	1:01.79	500m: 5:24.73	1:06.75	900m: 9:54.36	1:07.35	1300m: 14:24.40	1:06.41	
	200m: 2:06.50	1:04.71	600m: 6:31.91	1:07.18	1000m: 11:02.08	1:07.72	1400m: 15:30.13	1:05.73	
	300m: 3:11.64	1:05.14	700m: 7:39.66	1:07.75	1100m: 12:10.28	1:08.20	1500m: 16:35.53	1:05.40	
	400m: 4:17.98	1:06.34	800m: 8:47.01	1:07.35	1200m: 13:17.99	1:07.71			
16.	Zaborowski Filip		94	FLOTA Gdynia				<b>16:37.68</b>	693
	100m: 1:03.00	1:03.00	500m: 5:30.88	1:06.65	900m: 10:01.45	1:08.09	1300m: 14:27.43	1:06.27	
	200m: 2:10.12	1:07.12	600m: 6:38.49	1:07.61	1000m: 11:08.57	1:07.12	1400m: 15:34.15	1:06.72	
	300m: 3:17.52	1:07.40	700m: 7:45.94	1:07.45	1100m: 12:14.91	1:06.34	1500m: 16:37.68	1:03.53	
	400m: 4:24.23	1:06.71	800m: 8:53.36	1:07.42	1200m: 13:21.16	1:06.25			
17.	Pióro Artur		91	Pałac Katowice				<b>16:40.31</b>	687
	100m: 1:03.36	1:03.36	500m: 5:27.91	1:06.20	900m: 9:58.32	1:07.81	1300m: 14:30.18	1:08.08	
	200m: 2:09.23	1:05.87	600m: 6:35.36	1:07.45	1000m: 11:06.20	1:07.88	1400m: 15:38.21	1:08.03	
	300m: 3:15.70	1:06.47	700m: 7:42.48	1:07.12	1100m: 12:14.12	1:07.92	1500m: 16:40.31	1:02.10	
	400m: 4:21.71	1:06.01	800m: 8:50.51	1:08.03	1200m: 13:22.10	1:07.98			
18.	Towarek Sebastian		93	JEDYNKA Elbląg				<b>16:40.44</b>	687
	100m: 1:03.01	1:03.01	500m: 5:28.93	1:06.63	900m: 9:57.58	1:07.41	1300m: 14:28.33	1:07.84	
	200m: 2:08.99	1:05.98	600m: 6:36.04	1:07.11	1000m: 11:05.11	1:07.53	1400m: 15:36.66	1:08.33	
	300m: 3:15.38	1:06.39	700m: 7:42.99	1:06.95	1100m: 12:12.65	1:07.54	1500m: 16:40.44	1:03.78	
	400m: 4:22.30	1:06.92	800m: 8:50.17	1:07.18	1200m: 13:20.49	1:07.84			
19.	Tomaszewski Jacek		94	REKIN Warszawa				<b>16:47.79</b>	672
	100m: 1:01.93	1:01.93	500m: 5:30.47	1:06.87	900m: 10:01.46	1:08.11	1300m: 14:33.41	1:09.14	
	200m: 2:09.03	1:07.10	600m: 6:38.11	1:07.64	1000m: 11:08.91	1:07.45	1400m: 15:41.48	1:08.07	
	300m: 3:16.73	1:07.70	700m: 7:45.63	1:07.52	1100m: 12:15.78	1:06.87	1500m: 16:47.79	1:06.31	
	400m: 4:23.60	1:06.87	800m: 8:53.35	1:07.72	1200m: 13:24.27	1:08.49			

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Ostrowiec Cew., 21. - 24.5.2009

Konkurencja 38, Mężczyzn, 1500m dowolny, Open

Pozycja			Rok ur.			Czas	Pkt.	
20.	Kot Maciej		91	JUNIOR Kluczbork		<b>16:51.55</b>	665	
	100m: 1:04.61	1:04.61	500m: 5:32.33	1:07.13	900m: 10:02.72	1:08.09	1300m: 14:37.47	1:08.00
	200m: 2:11.58	1:06.97	600m: 6:39.37	1:07.04	1000m: 11:12.25	1:09.53	1400m: 15:46.27	1:08.80
	300m: 3:18.45	1:06.87	700m: 7:46.63	1:07.26	1100m: 12:21.03	1:08.78	1500m: 16:51.55	1:05.28
	400m: 4:25.20	1:06.75	800m: 8:54.63	1:08.00	1200m: 13:29.47	1:08.44		
21.	Lassek Bartłomiej		94	TRÓJKA Łódź		<b>16:54.46</b>	659	
	100m: 1:05.36	1:05.36	500m: 5:34.05	1:08.09	900m: 10:07.15	1:08.40	1300m: 14:40.25	1:08.13
	200m: 2:11.67	1:06.31	600m: 6:42.21	1:08.16	1000m: 11:15.21	1:08.06	1400m: 15:48.39	1:08.14
	300m: 3:18.55	1:06.88	700m: 7:50.42	1:08.21	1100m: 12:23.93	1:08.72	1500m: 16:54.46	1:06.07
	400m: 4:25.96	1:07.41	800m: 8:58.75	1:08.33	1200m: 13:32.12	1:08.19		
22.	Brzoza Jakub		93	CEŁŃSK Wroc³aw		<b>16:54.85</b>	658	
	100m: 1:01.85	1:01.85	500m: 5:33.00	1:07.81	900m: 10:06.76	1:08.77	1300m: 14:42.20	1:08.28
	200m: 2:09.50	1:07.65	600m: 6:41.48	1:08.48	1000m: 11:15.79	1:09.03	1400m: 15:49.98	1:07.78
	300m: 3:17.44	1:07.94	700m: 7:49.25	1:07.77	1100m: 12:24.69	1:08.90	1500m: 16:54.85	1:04.87
	400m: 4:25.19	1:07.75	800m: 8:57.99	1:08.74	1200m: 13:33.92	1:09.23		
23.	Baran Mateusz		93	Warszawianka		<b>16:56.90</b>	654	
	100m: 1:04.57	1:04.57	500m: 5:31.24	1:06.99	900m: 10:03.84	1:08.47	1300m: 14:40.33	1:09.74
	200m: 2:11.15	1:06.58	600m: 6:38.59	1:07.35	1000m: 11:12.58	1:08.74	1400m: 15:49.58	1:09.25
	300m: 3:17.39	1:06.24	700m: 7:46.89	1:08.30	1100m: 12:21.63	1:09.05	1500m: 16:56.90	1:07.32
	400m: 4:24.25	1:06.86	800m: 8:55.37	1:08.48	1200m: 13:30.59	1:08.96		
24.	Wiak Jakub		95	ORLIK Lublin		<b>16:59.62</b>	649	
	100m: 1:04.83	1:04.83	500m: 5:38.11	1:08.17	900m: 10:11.08	1:07.54	1300m: 14:45.17	1:08.52
	200m: 2:12.76	1:07.93	600m: 6:46.68	1:08.57	1000m: 11:19.50	1:08.42	1400m: 15:53.51	1:08.34
	300m: 3:21.32	1:08.56	700m: 7:54.86	1:08.18	1100m: 12:28.11	1:08.61	1500m: 16:59.62	1:06.11
	400m: 4:29.94	1:08.62	800m: 9:03.54	1:08.68	1200m: 13:36.65	1:08.54		
25.	Kubkowski Bartłomiej		95	MEDYK Giżycko		<b>17:07.56</b>	634	
	100m: 1:03.95	1:03.95	500m: 5:38.61	1:08.31	900m: 10:12.78	1:08.50	1300m: 14:49.32	1:09.44
	200m: 2:12.50	1:08.55	600m: 6:47.49	1:08.88	1000m: 11:21.77	1:08.99	1400m: 15:59.20	1:09.88
	300m: 3:21.82	1:09.32	700m: 7:55.97	1:08.48	1100m: 12:30.67	1:08.90	1500m: 17:07.56	1:08.36
	400m: 4:30.30	1:08.48	800m: 9:04.28	1:08.31	1200m: 13:39.88	1:09.21		
26.	Kotlewski Micha³		94	ZRYW Opole		<b>17:14.82</b>	621	
	100m: 1:05.24	1:05.24	500m: 5:41.48	1:09.45	900m: 10:18.61	1:09.35	1300m: 14:57.60	1:10.03
	200m: 2:14.05	1:08.81	600m: 6:50.62	1:09.14	1000m: 11:28.20	1:09.59	1400m: 16:07.40	1:09.80
	300m: 3:22.77	1:08.72	700m: 8:00.24	1:09.62	1100m: 12:37.89	1:09.69	1500m: 17:14.82	1:07.42
	400m: 4:32.03	1:09.26	800m: 9:09.26	1:09.02	1200m: 13:47.57	1:09.68		
27.	Szwedzki Dawid		94	Piłtka Konstancynów		<b>17:18.54</b>	614	
	100m: 1:05.90	1:05.90	500m: 5:43.22	1:09.38	900m: 10:22.54	1:10.12	1300m: 15:01.97	1:09.91
	200m: 2:15.53	1:09.63	600m: 6:52.94	1:09.72	1000m: 11:32.99	1:10.45	1400m: 16:11.81	1:09.84
	300m: 3:24.69	1:09.16	700m: 8:02.97	1:10.03	1100m: 12:42.02	1:09.03	1500m: 17:18.54	1:06.73
	400m: 4:33.84	1:09.15	800m: 9:12.42	1:09.45	1200m: 13:52.06	1:10.04		
28.	Szewczyk Mateusz		94	JEDYNKA Elbląg		<b>17:30.00</b>	594	
	100m: 1:04.86	1:04.86	500m: 5:43.57	1:10.89	900m: 10:26.76	1:10.89	1300m: 15:10.67	1:11.39
	200m: 2:13.21	1:08.35	600m: 6:54.47	1:10.90	1000m: 11:37.39	1:10.63	1400m: 16:21.48	1:10.81
	300m: 3:22.71	1:09.50	700m: 8:05.11	1:10.64	1100m: 12:48.27	1:10.88	1500m: 17:30.00	1:08.52
	400m: 4:32.68	1:09.97	800m: 9:15.87	1:10.76	1200m: 13:59.28	1:11.01		
29.	Osses Arkadiusz		95	WARTA Poznań		<b>17:32.87</b>	589	
	100m: 1:05.92	1:05.92	500m: 5:50.85	1:11.29	900m: 10:35.71	1:10.95	1300m: 15:19.06	1:10.28
	200m: 2:16.88	1:10.96	600m: 7:02.27	1:11.42	1000m: 11:46.88	1:11.17	1400m: 16:28.25	1:09.19
	300m: 3:28.23	1:11.35	700m: 8:13.50	1:11.23	1100m: 12:57.91	1:11.03	1500m: 17:32.87	1:04.62
	400m: 4:39.56	1:11.33	800m: 9:24.76	1:11.26	1200m: 14:08.78	1:10.87		

Mistrzostwa Polski Seniorów i Młodzieżowców  
Ostrowiec Czerw., 21. - 24.5.2009

Konkurencja 38, Mężczyzn, 1500m dowolny, Open

Pozycja			Rok ur.					Czas	Pkt.			
30.	Kukulski Karol		95	FLOTA Gdynia				<b>17:36.95</b>	583			
	100m:	1:06.26	1:06.26	500m:	5:51.13	1:11.29	900m:	10:36.14	1:11.06	1300m:	15:19.58	1:10.25
	200m:	2:16.76	1:10.50	600m:	7:02.64	1:11.51	1000m:	11:47.36	1:11.22	1400m:	16:29.05	1:09.47
	300m:	3:28.52	1:11.76	700m:	8:13.90	1:11.26	1100m:	12:58.40	1:11.04	1500m:	17:36.95	1:07.90
	400m:	4:39.84	1:11.32	800m:	9:25.08	1:11.18	1200m:	14:09.33	1:10.93			
31.	Dubiel Adam		93	LUBLINIANKA				<b>17:50.91</b>	560			
	100m:	57.61	57.61	500m:	5:36.56	1:22.85	900m:	10:34.52	1:13.60	1300m:	15:28.15	1:13.31
	200m:	2:01.42	1:03.81	600m:	6:51.53	1:14.97	1000m:	11:48.37	1:13.85	1400m:	16:40.19	1:12.04
	300m:	3:07.50	1:06.08	700m:	8:06.22	1:14.69	1100m:	13:01.23	1:12.86	1500m:	17:50.91	1:10.72
	400m:	4:13.71	1:06.21	800m:	9:20.92	1:14.70	1200m:	14:14.84	1:13.61			
32.	Skrodzki Michał <sup>3</sup>		86	AZS AWF Katowice				<b>18:05.03</b>	539			
	100m:	1:06.59	1:06.59	500m:	5:54.13	1:12.45	900m:	10:45.50	1:12.87	1300m:	15:40.06	1:13.72
	200m:	2:17.78	1:11.19	600m:	7:06.85	1:12.72	1000m:	11:59.01	1:13.51	1400m:	16:53.87	1:13.81
	300m:	3:29.71	1:11.93	700m:	8:19.67	1:12.82	1100m:	13:12.56	1:13.55	1500m:	18:05.03	1:11.16
	400m:	4:41.68	1:11.97	800m:	9:32.63	1:12.96	1200m:	14:26.34	1:13.78			
33.	Mochol Marcin		95	ORLIK Lublin				<b>18:20.13</b>	517			
	100m:	1:07.69	1:07.69	500m:	6:00.39	1:13.94	900m:	10:57.39	1:14.16	1300m:	15:54.48	1:14.30
	200m:	2:20.82	1:13.13	600m:	7:13.79	1:13.40	1000m:	12:11.96	1:14.57	1400m:	17:08.74	1:14.26
	300m:	3:33.69	1:12.87	700m:	8:27.93	1:14.14	1100m:	13:26.12	1:14.16	1500m:	18:20.13	1:11.39
	400m:	4:46.45	1:12.76	800m:	9:43.23	1:15.30	1200m:	14:40.18	1:14.06			
34.	Szkurat Dawid		94	PIRANIE Lubin				<b>18:38.74</b>	491			
	100m:	1:07.83	1:07.83	500m:	6:06.25	1:15.56	900m:	11:11.33	1:16.51	1300m:	16:12.92	1:14.56
	200m:	2:21.05	1:13.22	600m:	7:22.54	1:16.29	1000m:	12:27.38	1:16.05	1400m:	17:28.04	1:15.12
	300m:	3:35.55	1:14.50	700m:	8:38.71	1:16.17	1100m:	13:42.87	1:15.49	1500m:	18:38.74	1:10.70
	400m:	4:50.69	1:15.14	800m:	9:54.82	1:16.11	1200m:	14:58.36	1:15.49			
35.	Kotlarski Marcin		89	Akwawit Leszno				<b>18:43.06</b>	486			
	100m:	1:06.01	1:06.01	500m:	6:05.46	1:15.86	900m:	11:11.48	1:16.55	1300m:	16:13.47	1:16.05
	200m:	2:18.49	1:12.48	600m:	7:21.24	1:15.78	1000m:	12:25.79	1:14.31	1400m:	17:28.27	1:14.80
	300m:	3:33.88	1:15.39	700m:	8:37.96	1:16.72	1100m:	13:41.38	1:15.59	1500m:	18:43.06	1:14.79
	400m:	4:49.60	1:15.72	800m:	9:54.93	1:16.97	1200m:	14:57.42	1:16.04			
36.	Glinkowski Łukasz		95	SHARK Rudna				<b>18:46.22</b>	482			
	100m:	1:11.49	1:11.49	500m:	6:17.26	1:16.73	900m:	11:20.35	1:15.32	1300m:	16:20.13	1:15.04
	200m:	2:27.64	1:16.15	600m:	7:33.58	1:16.32	1000m:	12:35.81	1:15.46	1400m:	17:34.04	1:13.91
	300m:	3:44.06	1:16.42	700m:	8:49.83	1:16.25	1100m:	13:50.40	1:14.59	1500m:	18:46.22	1:12.18
	400m:	5:00.53	1:16.47	800m:	10:05.03	1:15.20	1200m:	15:05.09	1:14.69			
37.	Dobrzycki Tomasz		90	Akwawit Leszno				<b>19:11.62</b>	450			
	100m:	1:07.22	1:07.22	500m:	6:02.30	1:15.79	900m:	11:15.36	1:19.39	1300m:	16:34.33	1:20.03
	200m:	2:18.55	1:11.33	600m:	7:19.26	1:16.96	1000m:	12:34.51	1:19.15	1400m:	17:54.12	1:19.79
	300m:	3:31.81	1:13.26	700m:	8:37.08	1:17.82	1100m:	13:54.01	1:19.50	1500m:	19:11.62	1:17.50
	400m:	4:46.51	1:14.70	800m:	9:55.97	1:18.89	1200m:	15:14.30	1:20.29			