

Mistrzostwa Polski Młodzików 12-lat
Ostrowiec Sw., 25. - 27.06.2010

Konkurencja 20
10-06-26

Chłopców, 400m dowolny

12 lat
Wyniki Eliminacje

Rekord Polski Młodz 13-lat	4:12.91	Bernatowicz Sebastian	AQBYD	Bydgoszcz	07-12-22
Rekord Polski Młodz 12-lat	4:25.52	Pietrzak Dawid	AZBYD	Bydgoszcz	09-11-14

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.		
1.	Arndt Mateusz		98	DELFIN Gdynia				4:45.69	433 A		
	50m:	32.13 32.13	150m:	1:44.76	36.56	250m:	2:57.31	36.47	350m:	4:10.55	36.73
	100m:	1:08.20 36.07	200m:	2:20.84	36.08	300m:	3:33.82	36.51	400m:	4:45.69	35.14
2.	Krakowiak Waldemar		98	AZS AWF Poznań				4:50.21	413 A		
	50m:	32.33 32.33	150m:	1:45.00	36.62	250m:	2:58.83	36.90	350m:	4:14.22	37.60
	100m:	1:08.38 36.05	200m:	2:21.93	36.93	300m:	3:36.62	37.79	400m:	4:50.21	35.99
3.	Chojnowski Kamil		98	MKP Szczecin				4:52.62	403 A		
	50m:	31.57 31.57	150m:	1:45.74	37.85	250m:	3:02.02	38.44	350m:	4:17.96	37.96
	100m:	1:07.89 36.32	200m:	2:23.58	37.84	300m:	3:40.00	37.98	400m:	4:52.62	34.66
4.	Rybak Konrad		98	PIRANIA Targówek				4:52.85	402 A		
	50m:	32.67 32.67	150m:	1:45.97	37.17	250m:	3:01.53	38.28	350m:	4:17.35	37.89
	100m:	1:08.80 36.13	200m:	2:23.25	37.28	300m:	3:39.46	37.93	400m:	4:52.85	35.50
5.	Kuřma Bartosz		98	JEDYNKA Ozarów Maz				4:54.57	395 A		
	50m:	32.83 32.83	150m:	1:49.28	39.17	250m:	3:05.49	38.00	350m:	4:20.09	36.26
	100m:	1:10.11 37.28	200m:	2:27.49	38.21	300m:	3:43.83	38.34	400m:	4:54.57	34.48
6.	Raflewski Jakub		98	UKS 190 Łódź				4:54.63	395 A		
	50m:	34.03 34.03	150m:	1:48.71	37.70	250m:	3:03.77	37.66	350m:	4:19.56	37.35
	100m:	1:11.01 36.98	200m:	2:26.11	37.40	300m:	3:42.21	38.44	400m:	4:54.63	35.07
7.	Topolski Arkadiusz		98	SP H2O Jastrzebie				4:55.13	393 A		
	50m:	32.19 32.19	150m:	1:47.19	37.58	250m:	3:03.41	38.04	350m:	4:19.34	37.34
	100m:	1:09.61 37.42	200m:	2:25.37	38.18	300m:	3:42.00	38.59	400m:	4:55.13	35.79
8.	Wolski Damian		98	Olimpijczyk Suwa³ki				4:55.53	391 A		
	50m:	31.87 31.87	150m:	1:47.97	38.45	250m:	3:05.04	38.09	350m:	4:21.84	38.14
	100m:	1:09.52 37.65	200m:	2:26.95	38.98	300m:	3:43.70	38.66	400m:	4:55.53	33.69
9.	Sakrajda Jakub		98	KORNER Zielona G				4:56.09	389 B		
	50m:	33.06 33.06	150m:	1:47.77	37.68	250m:	3:05.05	38.54	350m:	4:21.13	37.74
	100m:	1:10.09 37.03	200m:	2:26.51	38.74	300m:	3:43.39	38.34	400m:	4:56.09	34.96
10.	Jaraszkiwicz Piotr		98	JEDYNKA Poznań				4:56.50	387 B		
	50m:	33.13 33.13	150m:	1:46.78	37.69	250m:	3:03.05	38.14	350m:	4:19.79	38.58
	100m:	1:09.09 35.96	200m:	2:24.91	38.13	300m:	3:41.21	38.16	400m:	4:56.50	36.71
11.	Rogoziński Micha³		98	KSZO Ostrowiec Sw				4:57.57	383 B		
	50m:	33.41 33.41	150m:	1:48.78	38.02	250m:	3:05.78	38.62	350m:	4:22.10	38.12
	100m:	1:10.76 37.35	200m:	2:27.16	38.38	300m:	3:43.98	38.20	400m:	4:57.57	35.47
12.	Sasin Pawe³		98	MEDUZA Warszawa				4:58.09	381 B		
	50m:	33.74 33.74	150m:	1:49.56	38.34	250m:	3:06.40	38.39	350m:	4:22.23	37.60
	100m:	1:11.22 37.48	200m:	2:28.01	38.45	300m:	3:44.63	38.23	400m:	4:58.09	35.86
13.	Lis Patryk		98	AVIA Swidnik				4:58.10	381 B		
	50m:	33.64 33.64	150m:	1:48.02	37.78	250m:	3:04.72	38.80	350m:	4:21.44	38.05
	100m:	1:10.24 36.60	200m:	2:25.92	37.90	300m:	3:43.39	38.67	400m:	4:58.10	36.66
14.	Gorgosz Pawe³		98	VEGA Dobrodzień				4:58.23	381 B		
	50m:	34.38 34.38	150m:	1:50.41	38.12	250m:	3:07.01	38.56	350m:	4:23.02	37.59
	100m:	1:12.29 37.91	200m:	2:28.45	38.04	300m:	3:45.43	38.42	400m:	4:58.23	35.21
15.	Trela Karol		98	GILUS Gilowice				4:58.36	380 B		
	50m:	32.54 32.54	150m:	1:46.46	37.31	250m:	3:03.17	38.67	350m:	4:21.02	38.77
	100m:	1:09.15 36.61	200m:	2:24.50	38.04	300m:	3:42.25	39.08	400m:	4:58.36	37.34
16.	Maciesza Jakub		98	ORZEŁ Elbl¹g				4:58.44	380 B		
	50m:	33.45 33.45	150m:	1:49.76	38.20	250m:	3:06.92	38.47	350m:	4:22.06	37.23
	100m:	1:11.56 38.11	200m:	2:28.45	38.69	300m:	3:44.83	37.91	400m:	4:58.44	36.38

Mistrzostwa Polski Młodzików 12-lat
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Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
17.	Kasztelan Mateusz		98	UKS MOS Elk				4:58.75	379 R		
	50m:	32.58 32.58	150m:	1:47.52	37.72	250m:	3:04.81	38.87	350m:	4:22.22	38.88
	100m:	1:09.80 37.22	200m:	2:25.94	38.42	300m:	3:43.34	38.53	400m:	4:58.75	36.53
18.	Wysocki Mateusz		98	ZNICZ Koszalin				4:59.81	375 R		
	50m:	33.06 33.06	150m:	1:49.42	38.38	250m:	3:06.73	38.72	350m:	4:24.26	38.62
	100m:	1:11.04 37.98	200m:	2:28.01	38.59	300m:	3:45.64	38.91	400m:	4:59.81	35.55
19.	Jab ³ oński Patryk		98	MKS ROS Pisz				5:01.22	369		
	50m:	34.60 34.60	150m:	1:52.00	38.79	250m:	3:09.23	38.82	350m:	4:25.71	38.10
	100m:	1:13.21 38.61	200m:	2:30.41	38.41	300m:	3:47.61	38.38	400m:	5:01.22	35.51
20.	Nimierowicz Tomasz		98	JUVENIA Białystok				5:01.47	368		
	50m:	33.54 33.54	150m:	1:49.04	38.12	250m:	3:06.76	38.83	350m:	4:24.23	38.59
	100m:	1:10.92 37.38	200m:	2:27.93	38.89	300m:	3:45.64	38.88	400m:	5:01.47	37.24
21.	Jarmu ³ a Mi ³ os		98	UNIA Tarnów				5:01.57	368		
	50m:	32.84 32.84	150m:	1:48.61	38.51	250m:	3:06.80	39.17	350m:	4:24.14	38.21
	100m:	1:10.10 37.26	200m:	2:27.63	39.02	300m:	3:45.93	39.13	400m:	5:01.57	37.43
22.	Poznachowski Wiktor		98	POLONIA Warszawa				5:02.81	364		
	50m:	34.55 34.55	150m:	1:53.39	39.83	250m:	3:12.35	39.55	350m:	4:28.55	37.21
	100m:	1:13.56 39.01	200m:	2:32.80	39.41	300m:	3:51.34	38.99	400m:	5:02.81	34.26
23.	Bujak Kacper		98	MTP Lublinianka				5:02.93	363		
	50m:	34.00 34.00	150m:	1:50.45	38.36	250m:	3:07.78	38.85	350m:	4:25.71	39.21
	100m:	1:12.09 38.09	200m:	2:28.93	38.48	300m:	3:46.50	38.72	400m:	5:02.93	37.22
24.	Ciborowski Natan		98	MKS ROS Pisz				5:02.97	363		
	50m:	32.73 32.73	150m:	1:48.37	38.82	250m:	3:06.92	39.51	350m:	4:25.69	39.03
	100m:	1:09.55 36.82	200m:	2:27.41	39.04	300m:	3:46.66	39.74	400m:	5:02.97	37.28
25.	Zapalski Konrad		98	FALA Krasnik				5:03.10	362		
	50m:	34.00 34.00	150m:	1:50.46	38.62	250m:	3:08.26	39.02	350m:	4:26.34	38.97
	100m:	1:11.84 37.84	200m:	2:29.24	38.78	300m:	3:47.37	39.11	400m:	5:03.10	36.76
26.	Zbrzeźniak Patryk		98	BUKS Warszawa				5:03.31	362		
	50m:	33.61 33.61	150m:	1:52.12	39.82	250m:	3:10.78	39.14	350m:	4:26.98	37.77
	100m:	1:12.30 38.69	200m:	2:31.64	39.52	300m:	3:49.21	38.43	400m:	5:03.31	36.33
27.	Kopacki Wiktor		98	AZS AWF Wrocław				5:05.11	355		
	50m:	32.57 32.57	150m:	1:50.33	39.82	250m:	3:09.35	39.73	350m:	4:28.01	39.13
	100m:	1:10.51 37.94	200m:	2:29.62	39.29	300m:	3:48.88	39.53	400m:	5:05.11	37.10
28.	Gros Pawe ³		98	Park Wodny Tarnowskie G.				5:05.59	354		
	50m:	34.34 34.34	150m:	1:50.40	38.47	250m:	3:07.62	39.05	350m:	4:25.73	39.44
	100m:	1:11.93 37.59	200m:	2:28.57	38.17	300m:	3:46.29	38.67	400m:	5:05.59	39.86
29.	Barg ³ owski Mateusz		98	MKS ROS Pisz				5:06.78	350		
	50m:	34.14 34.14	150m:	1:51.61	39.03	250m:	3:09.80	39.04	350m:	4:28.92	39.42
	100m:	1:12.58 38.44	200m:	2:30.76	39.15	300m:	3:49.50	39.70	400m:	5:06.78	37.86
30.	Urbaniak Przemys ³ aw		98	WISŁA Puławy				5:07.25	348		
	50m:	33.31 33.31	150m:	1:50.26	39.08	250m:	3:09.89	39.58	350m:	4:29.79	39.99
	100m:	1:11.18 37.87	200m:	2:30.31	40.05	300m:	3:49.80	39.91	400m:	5:07.25	37.46
31.	Ma ³ ecker Mateusz		98	S ³ owianka Gorzów				5:07.39	348		
	50m:	33.53 33.53	150m:	1:51.00	39.38	250m:	3:09.73	39.49	350m:	4:28.58	39.29
	100m:	1:11.62 38.09	200m:	2:30.24	39.24	300m:	3:49.29	39.56	400m:	5:07.39	38.81
32.	Grzymiski Mateusz		98	SLASK Wroc ³ aw				5:08.01	345		
	50m:	34.15 34.15	150m:	1:51.41	39.27	250m:	3:10.75	39.82	350m:	4:30.76	40.42
	100m:	1:12.14 37.99	200m:	2:30.93	39.52	300m:	3:50.34	39.59	400m:	5:08.01	37.25
33.	Gryglewicz Juliusz		98	Zoliborz Warszawa				5:09.62	340		
	50m:	33.15 33.15	150m:	1:50.03	39.22	250m:	3:12.31	41.12	350m:	4:33.21	39.62
	100m:	1:10.81 37.66	200m:	2:31.19	41.16	300m:	3:53.59	41.28	400m:	5:09.62	36.41

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Ostrowiec Sw., 25. - 27.06.2010

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Pozycja			Rok ur.					Czas	Pkt.
34.	Kwietniewski Maciej	98	Korona-Swim Kielce					5:10.16	338
	50m: 34.19	34.19	150m: 1:51.83	39.73	250m: 3:11.42	40.05	350m: 4:29.99	39.02	
	100m: 1:12.10	37.91	200m: 2:31.37	39.54	300m: 3:50.97	39.55	400m: 5:10.16	40.17	
35.	Kuleszyński Dawid	98	MMKS Kędzierzyn K					5:11.49	334
	50m: 35.37	35.37	150m: 1:54.57	39.78	250m: 3:14.15	39.64	350m: 4:34.42	40.23	
	100m: 1:14.79	39.42	200m: 2:34.51	39.94	300m: 3:54.19	40.04	400m: 5:11.49	37.07	
36.	Piwowarski Grzegorz	98	UNIA Tarnów					5:11.82	333
	50m: 32.67	32.67	150m: 1:50.60	39.89	250m: 3:11.92	40.06	350m: 4:32.07	40.46	
	100m: 1:10.71	38.04	200m: 2:31.86	41.26	300m: 3:51.61	39.69	400m: 5:11.82	39.75	
37.	Zwierzycki Marcin	98	GROT Koziegłowy					5:12.04	332
	50m: 34.68	34.68	150m: 1:53.34	39.93	250m: 3:14.88	41.00	350m: 4:35.27	40.14	
	100m: 1:13.41	38.73	200m: 2:33.88	40.54	300m: 3:55.13	40.25	400m: 5:12.04	36.77	
38.	Mańczak B ³ a ³ ej	98	DELFIN Gdynia					5:12.05	332
	50m: 34.39	34.39	150m: 1:53.91	39.96	250m: 3:13.93	39.96	350m: 4:35.02	40.50	
	100m: 1:13.95	39.56	200m: 2:33.97	40.06	300m: 3:54.52	40.59	400m: 5:12.05	37.03	
39.	Januszanis Jakub	98	Olimpijczyk Suwa ³ ki					5:13.02	329
	50m: 34.31	34.31	150m: 1:53.05	40.03	250m: 3:14.73	40.68	350m: 4:35.31	39.99	
	100m: 1:13.02	38.71	200m: 2:34.05	41.00	300m: 3:55.32	40.59	400m: 5:13.02	37.71	
40.	Misiarz Adrian	98	SPARTA Bilgoraj					5:15.58	321
	50m: 34.65	34.65	150m: 1:53.54	41.03	250m: 3:16.40	42.03	350m: 4:36.94	39.42	
	100m: 1:12.51	37.86	200m: 2:34.37	40.83	300m: 3:57.52	41.12	400m: 5:15.58	38.64	
41.	Sternak Piotr	98	KP MZOS P ³ ock					5:15.72	321
	50m: 34.93	34.93	150m: 1:55.26	40.44	250m: 3:17.77	40.83	350m: 4:39.59	40.96	
	100m: 1:14.82	39.89	200m: 2:36.94	41.68	300m: 3:58.63	40.86	400m: 5:15.72	36.13	
42.	Szpojankowski Kacper	98	KORMORAN Olsztyn					5:15.77	321
	50m: 34.88	34.88	150m: 1:54.49	40.73	250m: 3:17.73	41.83	350m: 4:39.43	41.32	
	100m: 1:13.76	38.88	200m: 2:35.90	41.41	300m: 3:58.11	40.38	400m: 5:15.77	36.34	
43.	Damentka Kamil	98	PIRANIA Targówek					5:15.97	320
	50m: 34.70	34.70	150m: 1:53.17	39.53	250m: 3:13.59	40.09	350m: 4:35.15	40.61	
	100m: 1:13.64	38.94	200m: 2:33.50	40.33	300m: 3:54.54	40.95	400m: 5:15.97	40.82	
44.	Chrapek Marcin	98	DELFIN Cieszyn					5:16.91	317
	50m: 35.23	35.23	150m: 1:54.53	40.40	250m: 3:16.16	40.99	350m: 4:39.08	41.93	
	100m: 1:14.13	38.90	200m: 2:35.17	40.64	300m: 3:57.15	40.99	400m: 5:16.91	37.83	
45.	Krzowski Karol	98	REKIN Warszawa					5:17.17	316
	50m: 35.73	35.73	150m: 1:56.84	41.02	250m: 3:20.08	41.34	350m: 4:43.09	41.28	
	100m: 1:15.82	40.09	200m: 2:38.74	41.90	300m: 4:01.81	41.73	400m: 5:17.17	34.08	
46.	Bodzioch Andrzej	98	SP 63 Bydgoszcz					5:21.09	305
	50m: 36.33	36.33	150m: 1:58.84	41.87	250m: 3:20.62	40.89	350m: 4:42.63	40.56	
	100m: 1:16.97	40.64	200m: 2:39.73	40.89	300m: 4:02.07	41.45	400m: 5:21.09	38.46	
47.	Napieraj Jan	98	PINGWINY Warszawa					5:21.46	304
	50m: 36.66	36.66	150m: 1:59.36	41.50	250m: 3:22.45	41.90	350m: 4:43.47	40.49	
	100m: 1:17.86	41.20	200m: 2:40.55	41.19	300m: 4:02.98	40.53	400m: 5:21.46	37.99	
48.	Gwiazdowski Mateusz	98	Olimpijczyk Suwa ³ ki					5:23.65	298
	50m: 34.40	34.40	150m: 1:58.12	42.89	250m: 3:23.01	41.59	350m: 4:45.38	40.81	
	100m: 1:15.23	40.83	200m: 2:41.42	43.30	300m: 4:04.57	41.56	400m: 5:23.65	38.27	
49.	Brychczyński Sebastian	98	SLASK Wroc ³ aw					5:23.68	298
	50m: 35.36	35.36	150m: 1:55.14	40.56	250m: 3:19.09	41.88	350m: 4:43.19	42.38	
	100m: 1:14.58	39.22	200m: 2:37.21	42.07	300m: 4:00.81	41.72	400m: 5:23.68	40.49	
50.	W ¹ sowicz Hubert	98	MOS D ¹ browa Górn.					5:23.84	297
	50m: 36.92	36.92	150m: 1:59.56	41.75	250m: 3:22.16	40.84	350m: 4:44.96	41.49	
	100m: 1:17.81	40.89	200m: 2:41.32	41.76	300m: 4:03.47	41.31	400m: 5:23.84	38.88	

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Pozycja				Rok ur.					Czas	Pkt.		
51.	Leszczyński Mateusz			98	MEDUZA Warszawa				5:24.48	295		
	50m:	33.63	33.63	150m:	1:54.94	41.69	250m:	3:19.89	42.20	350m:	4:40.51	38.62
	100m:	1:13.25	39.62	200m:	2:37.69	42.75	300m:	4:01.89	42.00	400m:	5:24.48	43.97
52.	Pytel Piotr			98	KORNER Zielona G				5:24.73	295		
	50m:	35.75	35.75	150m:	1:56.38	40.85	250m:	3:19.90	42.37	350m:	4:43.90	42.17
	100m:	1:15.53	39.78	200m:	2:37.53	41.15	300m:	4:01.73	41.83	400m:	5:24.73	40.83
53.	Pownuk Piotr			98	DELFINEK Bytom				5:24.83	294		
	50m:	36.04	36.04	150m:	1:57.71	41.79	250m:	3:20.75	41.38	350m:	4:40.92	39.43
	100m:	1:15.92	39.88	200m:	2:39.37	41.66	300m:	4:01.49	40.74	400m:	5:24.83	43.91
54.	Zawadzki Albert			98	JEDYNKA Poznań				5:27.75	287		
	50m:	35.58	35.58	150m:	1:58.44	41.90	250m:	3:22.66	42.50	350m:	4:47.40	42.28
	100m:	1:16.54	40.96	200m:	2:40.16	41.72	300m:	4:05.12	42.46	400m:	5:27.75	40.35
55.	Siudziński Patryk			98	ORZEŁ Elbląg				5:29.91	281		
	50m:	35.93	35.93	150m:	1:59.23	42.26	250m:	3:25.15	43.24	350m:	4:50.62	42.78
	100m:	1:16.97	41.04	200m:	2:41.91	42.68	300m:	4:07.84	42.69	400m:	5:29.91	39.29
56.	Tamm Mateusz			98	S ³ owianka Gorzów				5:35.54	267		
	50m:	35.20	35.20	150m:	1:57.59	41.78	250m:	3:24.26	42.57	350m:	4:52.09	43.87
	100m:	1:15.81	40.61	200m:	2:41.69	44.10	300m:	4:08.22	43.96	400m:	5:35.54	43.45