

Mistrzostwa Polski Młodzików 12-lat  
Ostrowiec Sw., 25. - 27.06.2010

Konkurencja 19  
10-06-26

Dziewcząt, 400m dowolny

12 lat  
Wyniki Fina<sup>3</sup>

Rekord Polski Młodz 13-lat	4:24.58	Anczykowska Joanna	WAPOZ	Poznań	91-11-28
Rekord Polski Młodz 12-lat	4:35.20	Kwiatkowska Agnieszka	STSZC	Szczecin	82-11-20

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.			
<b>Fina<sup>3</sup> A</b>												
1.	Wieczorek Magdalena		98	FALA Krasnik				<b>4:51.12</b>	548			
	50m:	32.93	32.93	150m:	1:46.68	37.04	250m:	3:01.05	37.01	350m:	4:15.06	36.69
	100m:	1:09.64	36.71	200m:	2:24.04	37.36	300m:	3:38.37	37.32	400m:	4:51.12	36.06
2.	Goleń Martyna		98	FALA Krasnik				<b>4:54.73</b>	528			
	50m:	33.22	33.22	150m:	1:47.46	37.17	250m:	3:02.84	37.94	350m:	4:18.97	37.79
	100m:	1:10.29	37.07	200m:	2:24.90	37.44	300m:	3:41.18	38.34	400m:	4:54.73	35.76
3.	Olszewska Nikola		98	MTS Kwidzyn				<b>4:56.45</b>	519			
	50m:	33.55	33.55	150m:	1:48.62	38.09	250m:	3:04.82	37.77	350m:	4:20.71	37.62
	100m:	1:10.53	36.98	200m:	2:27.05	38.43	300m:	3:43.09	38.27	400m:	4:56.45	35.74
4.	Ostrowska Ewa		98	MKP Szczecin				<b>4:59.48</b>	504			
	50m:	34.02	34.02	150m:	1:48.89	37.77	250m:	3:05.74	37.98	350m:	4:22.83	38.62
	100m:	1:11.12	37.10	200m:	2:27.76	38.87	300m:	3:44.21	38.47	400m:	4:59.48	36.65
5.	Mycak Katarzyna		98	MMKS Kêdzierzyn K				<b>5:00.53</b>	498			
	50m:	35.08	35.08	150m:	1:52.02	39.09	250m:	3:08.69	38.40	350m:	4:25.76	38.57
	100m:	1:12.93	37.85	200m:	2:30.29	38.27	300m:	3:47.19	38.50	400m:	5:00.53	34.77
6.	Lewandowska Aleksandra		98	MKP Szczecin				<b>5:02.79</b>	487			
	50m:	34.22	34.22	150m:	1:50.77	38.78	250m:	3:09.09	38.97	350m:	4:26.96	38.75
	100m:	1:11.99	37.77	200m:	2:30.12	39.35	300m:	3:48.21	39.12	400m:	5:02.79	35.83
7.	Popiel Magdalena		98	JUVENIA Białystok				<b>5:05.09</b>	476			
	50m:	34.59	34.59	150m:	1:52.03	39.31	250m:	3:10.03	38.74	350m:	4:28.75	39.37
	100m:	1:12.72	38.13	200m:	2:31.29	39.26	300m:	3:49.38	39.35	400m:	5:05.09	36.34
8.	Nogaj Paulina		98	WODNIK Radom				<b>5:06.02</b>	472			
	50m:	34.53	34.53	150m:	1:51.52	38.33	250m:	3:10.38	39.28	350m:	4:28.87	39.51
	100m:	1:13.19	38.66	200m:	2:31.10	39.58	300m:	3:49.36	38.98	400m:	5:06.02	37.15
<b>Fina<sup>3</sup> B</b>												
9.	Pokrywka Karolina		98	UKS 190 Łódź				<b>5:03.73</b>	483			
	50m:	34.40	34.40	150m:	1:50.60	38.32	250m:	3:09.33	39.56	350m:	4:28.01	39.44
	100m:	1:12.28	37.88	200m:	2:29.77	39.17	300m:	3:48.57	39.24	400m:	5:03.73	35.72
10.	Ocylok Dominika		98	ÓSEMKA Oswiecim				<b>5:03.82</b>	482			
	50m:	33.83	33.83	150m:	1:50.68	38.99	250m:	3:09.09	39.72	350m:	4:26.71	38.55
	100m:	1:11.69	37.86	200m:	2:29.37	38.69	300m:	3:48.16	39.07	400m:	5:03.82	37.11
11.	Gierczak Anna		98	UKS 190 Łódź				<b>5:03.94</b>	482			
	50m:	33.49	33.49	150m:	1:50.31	38.88	250m:	3:09.45	39.98	350m:	4:27.70	38.80
	100m:	1:11.43	37.94	200m:	2:29.47	39.16	300m:	3:48.90	39.45	400m:	5:03.94	36.24
12.	Kondrasiuk Ma <sup>3</sup> gorzata		98	Warszawianka WP				<b>5:04.00</b>	481			
	50m:	33.85	33.85	150m:	1:50.36	38.63	250m:	3:08.36	39.25	350m:	4:26.06	38.27
	100m:	1:11.73	37.88	200m:	2:29.11	38.75	300m:	3:47.79	39.43	400m:	5:04.00	37.94
13.	Kowalik Nina		98	Korona-Swim Kielce				<b>5:04.63</b>	478			
	50m:	32.95	32.95	150m:	1:49.43	38.58	250m:	3:08.42	39.94	350m:	4:27.43	39.49
	100m:	1:10.85	37.90	200m:	2:28.48	39.05	300m:	3:47.94	39.52	400m:	5:04.63	37.20
14.	Kasprowicz Justyna		98	ZNICZ Koszalin				<b>5:07.13</b>	467			
	50m:	33.49	33.49	150m:	1:50.34	38.95	250m:	3:08.72	39.73	350m:	4:27.90	39.63
	100m:	1:11.39	37.90	200m:	2:28.99	38.65	300m:	3:48.27	39.55	400m:	5:07.13	39.23
15.	Łuczyńska Martyna		98	Zoliborz Warszawa				<b>5:09.50</b>	456			
	50m:	34.39	34.39	150m:	1:51.01	38.67	250m:	3:10.60	39.68	350m:	4:30.79	40.03
	100m:	1:12.34	37.95	200m:	2:30.92	39.91	300m:	3:50.76	40.16	400m:	5:09.50	38.71

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Konkurencja 19, Dziewczat, 400m dowolny, Fina<sup>3</sup>, 12 lat

Pozycja				Rok ur.				Czas	Pkt.			
16.	Giedzicz Katarzyna			98	JUVENIA Białystok			<b>5:11.85</b>	446			
	50m:	34.51	34.51	150m:	1:53.08	39.75	250m:	3:13.22	40.32	350m:	4:33.75	40.10
	100m:	1:13.33	38.82	200m:	2:32.90	39.82	300m:	3:53.65	40.43	400m:	5:11.85	38.10