



Konkurencja 17
20-05-2011 - 11:04

Kobiet, 400m zmienny

Open
Wyniki Eliminacje

Rek Polski Seniorów	4:36.95	Baranowska Katarzyna	MKSZC	Beijing (CHN)	09-08-2008
Rek Polski Jun 18-lat	4:43.39	Baranowska Katarzyna	MKSZC	D bica	20-05-2005
Rek Polski Jun 17-lat	4:45.13	Szczepaniak Karolina	AZWAR	Rome (ITA)	02-08-2009
Rek Polski Jun 16-lat	4:48.17	Czopek Agnieszka	JOKRA	Moskwa (RUS)	26-07-1980
Rek Polski Jun 15-lat	4:49.27	Szczepaniak Karolina	AZWAR	Gorzów Wlkp.	30-11-2007
Rek Polski Jun 14-lat	4:56.38	Szczepaniak Karolina	POWAR	Ostrowiec w.	19-05-2006
Rek Polski Młodz 13-lat	5:05.02	Szczepaniak Karolina	POWAR	Lignano (ITA)	07-07-2005

Min M Sen : 4:45.08 / Min M Jun 15 - 17: 4:47.91 / Min-8 MEJun 15 - 16: 4:55.89 / Min-12 MEJun 15 - 16: 4:59.23

Punkty: FINA 2010

Pozycja	Rok ur.	CR	Czas	Pkt.	
1. Urba ska Karolina	92	AZS AWFIS Gda sk	+0,89	5:59.55	727 A
50m: 31.47 31.47	150m: 1:45.54 37.65	250m: 3:05.54 42.67	350m: 4:24.33 35.04		
100m: 1:07.89 36.42	200m: 2:22.87 37.33	300m: 3:49.29 43.75	400m: 4:59.55 35.22		
2. ołnowska Katarzyna	90	MZOS Płock	+0,81	5:02.66	705 A
50m: 31.44 31.44	150m: 1:47.81 39.79	250m: 3:09.29 42.49	350m: 4:28.48 35.85		
100m: 1:08.02 36.58	200m: 2:26.80 38.99	300m: 3:52.63 43.34	400m: 5:02.66 34.18		
3. Szpucha Katarzyna	96	Olimpijczyk Aleksandrów	+0,80	5:03.99	696 A
50m: 32.10 32.10	150m: 1:47.66 39.06	250m: 3:07.54 41.72	350m: 4:27.34 37.09		
100m: 1:08.60 36.50	200m: 2:25.82 38.16	300m: 3:50.25 42.71	400m: 5:03.99 36.65		
4. Sikora Paulina SO	93	UNIA O wi cim	+0,85	5:04.39	693 A
50m: 31.00 31.00	150m: 1:46.62 39.30	250m: 3:08.90 43.22	350m: 4:29.24 36.01		
100m: 1:07.32 36.32	200m: 2:25.68 39.06	300m: 3:53.23 44.33	400m: 5:04.39 35.15		
5. Staszkieicz Katarzyna	90	L SK Wrocław	+0,89	5:05.50	686 A
50m: 32.64 32.64	150m: 1:50.89 40.11	250m: 3:13.11 42.76	350m: 4:31.01 35.14		
100m: 1:10.78 38.14	200m: 2:30.35 39.46	300m: 3:55.87 42.76	400m: 5:05.50 34.49		
6. Zygo Karolina	96	OLIMPIA Lublin	+1,01	5:06.22	681 A
50m: 32.82 32.82	150m: 1:48.78 38.18	250m: 3:10.96 44.63	350m: 4:32.10 35.90		
100m: 1:10.60 37.78	200m: 2:26.33 37.55	300m: 3:56.20 45.24	400m: 5:06.22 34.12		
7. Nienałowska Natalia	96	POLONIA Warszawa	+1,03	5:06.62	678 A
50m: 33.36 33.36	150m: 1:48.88 37.91	250m: 3:12.31 44.21	350m: 4:34.14 35.92		
100m: 1:10.97 37.61	200m: 2:28.10 39.22	300m: 3:58.22 45.91	400m: 5:06.62 32.48		
8. Zbrojewska Michalina	96	Pi tka Konstanyów	+0,92	5:06.87	676 A
50m: 34.94 34.94	150m: 1:53.56 39.98	250m: 3:14.64 42.43	350m: 4:32.75 35.78		
100m: 1:13.58 38.64	200m: 2:32.21 38.65	300m: 3:56.97 42.33	400m: 5:06.87 34.12		
9. Chwadeczko Zuzanna	95	LUBLINIANKA	+0,92	5:09.08	662 B
50m: 30.91 30.91	150m: 1:48.81 40.39	250m: 3:13.15 44.51	350m: 4:34.90 35.63		
100m: 1:08.42 37.51	200m: 2:28.64 39.83	300m: 3:59.27 46.12	400m: 5:09.08 34.18		
10. Olbert Dominika	95	L SK Wrocław	+0,94	5:09.63	659 B
50m: 32.37 32.37	150m: 1:51.14 41.27	250m: 3:13.73 41.32	350m: 4:34.68 38.13		
100m: 1:09.87 37.50	200m: 2:32.41 41.27	300m: 3:56.55 42.82	400m: 5:09.63 34.95		
11. Wiertel Agata	95	LUBLINIANKA	+0,78	5:11.46	647 B
50m: 32.51 32.51	150m: 1:48.22 39.10	250m: 3:13.47 46.69	350m: 4:36.61 36.63		
100m: 1:09.12 36.61	200m: 2:26.78 38.56	300m: 3:59.98 46.51	400m: 5:11.46 34.85		
12. Jankowska Marta SO	92	AZS AWF Katowice	+0,98	5:11.79	645 B
50m: 32.62 32.62	150m: 1:50.46 40.99	250m: 3:14.69 44.13	350m: 4:35.93 36.68		
100m: 1:09.47 36.85	200m: 2:30.56 40.10	300m: 3:59.25 44.56	400m: 5:11.79 35.86		
13. Karpisz Milena	97	Pi tka Konstanyów	+1,07	5:15.55	622 B
50m: 34.87 34.87	150m: 1:56.66 41.82	250m: 3:21.87 43.70	350m: 4:41.36 35.41		
100m: 1:14.84 39.97	200m: 2:38.17 41.51	300m: 4:05.95 44.08	400m: 5:15.55 34.19		
14. Bakies Gabriela	96	Pi tka Konstanyów	+0,82	5:16.03	619 B
50m: 33.62 33.62	150m: 1:51.20 39.91	250m: 3:16.99 47.17	350m: 4:40.68 36.41		
100m: 1:11.29 37.67	200m: 2:29.82 38.62	300m: 4:04.27 47.28	400m: 5:16.03 35.35		



Konkurencja 17, Kobiety, 400m zmienny, Eliminacje, Open

Pozycja		Rok ur.		CR	Czas	Pkt.	
15.	Mikołajczak Anna SSz	95	MKP Szczecin	+0,84	5:16.41	617	B
	50m: 31.94 31.94	150m: 1:51.33	42.60	250m: 3:19.03	44.68	350m: 4:40.99	37.08
	100m: 1:08.73 36.79	200m: 2:34.35	43.02	300m: 4:03.91	44.88	400m: 5:16.41	35.42
16.	Biedrzycka Iga	97	MKS ROS Pisz	+0,82	5:17.50	611	B
	50m: 33.03 33.03	150m: 1:51.51	39.85	250m: 3:17.10	45.30	350m: 4:41.58	37.65
	100m: 1:11.66 38.63	200m: 2:31.80	40.29	300m: 4:03.93	46.83	400m: 5:17.50	35.92
17.	Dawidowicz Anna	93	TRÓJKA Łód	+0,92	5:19.56	599	R
	50m: 33.41 33.41	150m: 1:53.43	41.34	250m: 3:19.16	45.95	350m: 4:42.31	37.72
	100m: 1:12.09 38.68	200m: 2:33.21	39.78	300m: 4:04.59	45.43	400m: 5:19.56	37.25
18.	liwi ska Marta	97	MOS D browa Grn	+0,86	5:26.80	560	R
	50m: 33.14 33.14	150m: 1:57.84	45.20	250m: 3:26.77	46.71	350m: 4:50.73	36.81
	100m: 1:12.64 39.50	200m: 2:40.06	42.22	300m: 4:13.92	47.15	400m: 5:26.80	36.07
19.	Kwiatek Miriam	98	Gilus Gilowice	+0,84	5:27.84	555	
	50m: 34.09 34.09	150m: 1:56.05	42.61	250m: 3:27.51	49.11	350m: 4:52.57	37.18
	100m: 1:13.44 39.35	200m: 2:38.40	42.35	300m: 4:15.39	47.88	400m: 5:27.84	35.27
20.	Ucha ska Karolina SSz	94	KS KSZO Ostrowiec	+0,81	5:30.40	542	
	50m: 33.36 33.36	150m: 1:58.54	45.53	250m: 3:27.66	46.96	350m: 4:53.57	37.57
	100m: 1:13.01 39.65	200m: 2:40.70	42.16	300m: 4:16.00	48.34	400m: 5:30.40	36.83
21.	B czyk Paula	93	TRÓJKA Łód	+0,92	5:32.99	529	
	50m: 33.77 33.77	150m: 1:57.10	44.33	250m: 3:26.47	47.69	350m: 4:54.82	38.75
	100m: 1:12.77 39.00	200m: 2:38.78	41.68	300m: 4:16.07	49.60	400m: 5:32.99	38.17
22.	Klinger Anna	94	SHARK Rudna	+0,93	5:36.68	512	
	50m: 34.33 34.33	150m: 1:59.11	44.94	250m: 3:32.15	49.82	350m: 4:59.79	39.24
	100m: 1:14.17 39.84	200m: 2:42.33	43.22	300m: 4:20.55	48.40	400m: 5:36.68	36.89
23.	Bartoszewicz Ewelina	95	Olimpijczyk Suwałki	+0,98	5:41.25	492	
	50m: 34.04 34.04	150m: 1:59.95	46.03	250m: 3:34.38	50.79	350m: 5:03.68	39.21
	100m: 1:13.92 39.88	200m: 2:43.59	43.64	300m: 4:24.47	50.09	400m: 5:41.25	37.57
24.	Drucis Iga	95	Olimpijczyk Suwałki	+0,86	5:52.84	445	
	50m: 36.44 36.44	150m: 2:05.29	45.53	250m: 3:40.83	51.77	350m: 5:13.98	41.54
	100m: 1:19.76 43.32	200m: 2:49.06	43.77	300m: 4:32.44	51.61	400m: 5:52.84	38.86
25.	Nowak Aleksandra	91	Akwawit Leszno	+0,91	5:57.96	426	
	50m: 35.12 35.12	150m: 2:03.57	46.25	250m: 3:40.00	50.57	350m: 5:15.92	43.02
	100m: 1:17.32 42.20	200m: 2:49.43	45.86	300m: 4:32.90	52.90	400m: 5:57.96	42.04
26.	Sadowska Natalia	97	Olimpijczyk Suwałki	+0,82	6:01.41	414	
	50m: 35.39 35.39	150m: 2:05.30	47.06	250m: 3:43.54	53.06	350m: 5:19.70	42.70
	100m: 1:18.24 42.85	200m: 2:50.48	45.18	300m: 4:37.00	53.46	400m: 6:01.41	41.71
DYSKW.	Ciesielska Sylwia	95	WARTA Pozna	+0,79	5:09.52		
	<i>Z2 - uko czenie stylu niezgodne z przepisami</i>						
	50m: 32.96 32.96	150m: 1:50.13	39.58	250m: 3:14.62	43.76	350m: 4:34.94	35.88
	100m: 1:10.55 37.59	200m: 2:30.86	40.73	300m: 3:59.06	44.44	400m: 5:09.52	34.58